



International

MARMARA CUP

KARATE TOURNAMENT



Okay Arpa
Philippines National Team Coach



Murat Delihasan



Haldun Alagaş



Levent Aydemir

Turkish Olympic Team Coaches

15-19 March 2020

TRAINING CAMP

Children
Cadet
Junior
-21 Years
Senior
Veteran
Individual and Team

20-21-22
March
2020

Children
Cadet
Junior
-21 Years
Senior
Veteran
Individual and Team

ISTANBUL



INTERNATIONAL MARMARA CUP

20-21-22 March 2020, Istanbul



President of Turkish Karate Federation



Dear Friends,

As Turkish Karate Federation we would like say wellcome to all participants to the city of Istanbul which connects two continents Asia and Europe with three bridges of hearts and also friendship of our magnificent society of Karate.

I would like to personally thank to the President of World Karate Federation Mr. Antonio Espinos for his continued support to the World Karate Family and to Turkish Karate Federation.

We are ready to a new event International Marmara Cup Karate Tournament that will be held on 20-21-22 March 2020 and also we will have international training camp between 15-19 March 2020 with Turkish National Team and Philippines National Team.

I wish all delegations to have unforgettable moments in Istanbul.

Sincerely yours

Esat Delihasan
The President of Turkish Karate Federation





INTERNATIONAL MARMARA CUP

20-21-22 March 2020, Istanbul



International Marmara Cup Karate Tournament

The event is an open to all teams In Senior, -21 Years, Junior, Cadet and Children individual and team categories

I. Date

20-21-22 March 2020

Starting Time: Friday, 20th of March 08:00 a.m.
Saturday, 21st of March 08:00 a.m.
Sunday, 22nd of March 08:00 a.m.

II. Competition Venue

Bagcilar Olympic Hall

Fevzi Çakmak Mah. Fatih Caddesi NO:50 34200 Bagcilar



Click here for the google map adress;

<https://www.google.com/maps/dir//ba%C4%9Ffc%C4%B1lar+olimpik+spor+salonu/data=!4m6!4m5!1m1!4e2!1m2!1m1!1s0x14caa533fb126b53:0xb1589e5da1a7daa6?sa=X&ved=2ahUKewjxgciarpXnAhVp1qYKHdQ9Ci4Q9RcwC3oECCAQEA>

III. Training Camp

Turkish National Team Olympic Coaches and Philippines National Team will be ready during the camp which will be held on 15-19 March 2020 in Clarion Hotel Mahmutbey. Training fee is 75 € per athlete, the accommodation is 60 € per person per night with full board basis. Also hotel facilities are free such as swimming pool and spa, Turkish bath.

IV. Referees

Each country 1 WKF licenced referee will be accommodated in HQ Hotel with free of charge basis and will be paid daily 50 € for per day. All referee's must be registered to the <http://marmaracup2020.myuventex.com> until 15th of March, 2020. Continental and National Referee's will be paid 40 € per day.





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V. Online Registrations and Media

Official registrations will be made through <http://marmaracup2020.myuventex.com> address directly until **15th of March, 2020**. The competition will also be published from Youtube and Social Media channels which can be watched from above given link.

Clubs / teams / federations are responsible for the quality of the entered registration data. Changes of online registration data are possible until the end of the online registration period.

VI. Organisers and Contact

Mr. Ercument Tasdemir
Mobile +90 533 632 18 52
Email turkishkarate@gmail.com



VII. Accreditation and Weighin

The official registration session will take place on Thursday, 15th of March 2020 in the venue. If changes are required during the official registration session because of incorrect or missing registration data, a fee of € 20 is charged for each change. At registration, accreditation cards will be issued with the participants' main data, a photograph and information about registered categories. The accreditation card must be worn at all times during the event. Only members of national federations recognized by WKF are admitted to participate. All participants must submit an official document (passport or other valid ID card) or the WKF identification and validation at the accreditation session. The accreditation of any competitor must be done by the athlete or the athlete's coach, in person bringing the athlete passport or other valid ID at the accreditation session. The competitor who has not collected, either personally or through his/her coach the accreditation during the official registration, will not be included in the draw. The weighing will be carried out immediately after receiving the accreditation, those athletes who will not attend the weighing will not be included in the draw.

VIII. Entry Fee

Individual Categories	30 €
Team Categories	60 €





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IX. Categories

Seniors	Male Kata	-60 Kg, -67 Kg, -75 Kg, -84 Kg, +84 Kg
	Female Kata	-50 Kg, -55 Kg, -61 Kg, -68 Kg, +68 Kg
-21 Years	Male Kata	-60 Kg, -67 Kg, -75 Kg, -84 Kg, +84 Kg
	Female Kata	-50 Kg, -55 Kg, -61 Kg, -68 Kg, +68 Kg
Juniors	Male Kata	-55 Kg, -61 Kg, -68 Kg, -76 Kg, +76 Kg
	Female Kata	-48 Kg, -53 Kg, -59 Kg, +59 Kg
Cadets	Male Kata	-52 Kg, -57 Kg, -63 Kg, -70 Kg, +70 Kg
	Female Kata	-47 Kg, -54 Kg, +54 Kg
13 Years	Male Kata	-35 Kg, -40 Kg, -45 Kg, -50 Kg, -55 Kg, +55 Kg
	Female Kata	-39 Kg, -44 Kg, -49 Kg, -54 Kg, +54 Kg
12 Years	Male Kata	-35 Kg, -40 Kg, -45 Kg, -50 Kg, -55 Kg, +55 Kg
	Female Kata	-39 Kg, -44 Kg, -49 Kg, -54 Kg, +54 Kg
11 Years	Male Kata	-29 Kg, -32 Kg, -35 Kg, -38 Kg, -41 Kg, +41 Kg
	Female Kata	-29 Kg, -32 Kg, -35 Kg, -38 Kg, +38 Kg
10 Years	Male Kata	-25 Kg, -28 Kg, -32 Kg, -36 Kg, -40 Kg, +40 Kg
	Female Kata	-25 Kg, -28 Kg, -32 Kg, -36 Kg, +36 Kg
9 Years	Male Kata	-20 Kg, -23 Kg, -26 Kg, -30 Kg, -33 Kg, -36 Kg, +36 Kg
	Female Kata	-20 Kg, -25 Kg, -30 Kg, -35 Kg, +35 Kg
8 Years	Male	-20 Kg, -23 Kg, -26 Kg, -30 Kg, -33 Kg, -36 Kg, +36 Kg
	Female	-20 Kg, -25 Kg, -30 Kg, -35 Kg, +35 Kg
7 Years	Male Kata Female Kata	
Veteran	Male Female 1st Category 35-49 Years Kumite/Kata Open	
	Male Female 2nd Category 49 and Over Kumite/Kata Open	
	Male Female 35-49 Years Team Kata and Kumite	
	Male Female 49 and Over Team Kata and Kumite	
7 Years	Male Female Team Kata	
8-9 Years	Male Female Team Kata and Kumite	
10-11 years	Male Female Team Kata and Kumite	
12-13 Years	Male Female Team Kata and Kumite	
Cadets	Male Female Team Kata and Kumite	
Juniors	Male Female Team Kata and Kumite	
Seniors	Male Female Team Kata and Kumite	

- It is possible to join one age category up with same weight in Kumite, also it is possible to join Kata One age up.





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X. Accommodation

Rates are in EURO per person per night incl. **breakfast, and Dinner open buffet.**

*	Hotel	Dist. to venue	Price [€] Single Room	Price [€] Double Room PP	Price [€] Triple Room PP
5	5 Star Hotel	0	80	65	55
4	4 Star Hotel	0	70	55	50

- All reservations must be sent to the turkishkarate@gmail.com adress Reservations and payments for the hotel reservation is should be done through following email info@sportivetour.com No other bookings will be valid.

Akmer Spor Organizasyon Turizm ve Insaat Ltd. Sti.

BANK: YAPI KREDI BANKASI

IBAN: TR31 0006 7010 0000 0046 7865 20

SWIFT: YAPITRISXXX

XI. TRANSFERS

Istanbul Airport – Hotel - Istanbul Airport minimum 4 pax required 30 € per person,
Sabiha Airport – Hotel – Sabiha Airport miniumum 4 pax required 50 € per person,

In order to book transfers kindly send email to info@sportivetour.com

XII. VISA

In order to get visa easily from the following link online

<https://www.evisa.gov.tr/en/> for others not included in the list just send us information on turkishkarate@gmail.com





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XIII. PROGRAMME

Date	Event		Time
15th of March 2020 Sunday	TRAINING CAMP Arrivals	CLARION HOTEL MAHMUTBEY	
16-19th March 2020	TRAINING CAMP	CLARION HOTEL MAHMUTBEY	10:00 – 12:00 16:00 – 18:00
19th of March 2020 Thursday	Registration	CLARION HOTEL	10:00 – 18:00
	Drawing	, CLARION HOTEL	18:00 – 19:00
20th of March 2020 Friday	WEIGHT CONTROL	BAĞCILAR OLYMPIC HALL	09:00 – 11:00
	8-9, 10-11, Years Individual and Team Kata Individual Kumite Eliminations Team Kumite Eliminations Finals and Medal Ceremony	BAĞCILAR OLYMPIC HALL	09:00 – 19:00 19:00 – 20:00
21st of March 2020 Saturday	WEIGHT CONTROL	BAĞCILAR OLYMPIC HALL	09:00 - 11:00
	12-13 Years, Cadet, -21 Years, Veteran Individual and Team Kata Individual Kumite Eliminations Opening Ceremony Team Kumite Eliminations Finals and Medal Ceremony	BAĞCILAR OLYMPIC HALL	09:00 – 19:00 19:00 – 20:00
22nd of March 2020 Sunday	WEIGHT CONTROL	BAĞCILAR OLYMPIC HALL	09:00 – 10:00
	Junior and Senior, Individual and Team Kata Individual Kumite Eliminations Team Kumite Eliminations Finals and Medal Ceremony	BAĞCILAR OLYMPIC HALL	09:00 – 19:00 19:00 – 20:00



